



TMJ & Sleep Therapy Centre of San Diego  
7879 El Cajon Blvd.  
La Mesa, CA 91942



HEALTH CONNECTION

## TMJ & Sleep Therapy Centre of San Diego

The TMJ & Sleep Therapy Centre of San Diego – Dr. Steven R. Olmos named president of American Academy of Craniofacial Pain.

TMJ & Sleep Therapy Centre of San Diego, the only American Academy of Dental Sleep Medicine accredited facility in San Diego, is proud to announce and recognize that the American Academy of Craniofacial Pain inducted Dr. Steven Olmos as AACFP president in Austin, Texas during their annual conference. Dr. Steven R. Olmos, an internationally recognized lecturer, researcher, founder and CEO of T & S Therapy Centre International has been treating patients in the San Diego area for over 15 years and is proud to be part of the San Diego community. The global need for the treatment of these conditions and his passion for helping his patients drive him to continually expand. Dr. Olmos also practices in Dubai at the London Sleep Centre and is working with top pediatric physicians in Memphis, Tennessee to bring sleep related breathing disorder treatment to local children that are not successful in using C-PAP.

Dr. Olmos continues to be a recognized leader and educator in all Sleep-Related Breathing Disorders & Craniofacial Pain and proudly hails from Southern California. His recent accolade continues to place our region on the international map highlighting his innovative system.

Dr. Olmos and the TMJ and Sleep Therapy “Centres of Excellence” continually strive to bridge the gap between medicine and dentistry.

Please find inside press release. If you have any question, feel free to contact us.

Thank you,

TMJ & Sleep Therapy Centre of San Diego  
619.466.2774  
www.TMJTHERAPYCENTRE.COM

BREATHE  
SLEEP  
HEAL  
LIVE

### HOURS:

#### Closed

On Fridays

#### Open

Mon. - Thur. 9:00am-5:00pm

#### Closed for Lunch

12:00pm - 1:00pm

## Contact TMJ & Sleep Therapy Centre of San Diego

Phone: 619.466.2774 | [www.TMJTHERAPYCENTRE.COM](http://www.TMJTHERAPYCENTRE.COM)

We are here to help your patients! TMJ & Sleep Therapy Centre of San Diego is accredited by the American Academy of Dental Sleep Medicine. Our director, Dr. Steven Olmos, is certified in both Dental Sleep Medicine and Craniofacial pain. We are dedicated exclusively to **non-surgical treatments for Sleep Apnea and Craniofacial Pain.**

*We understand the unique needs of both adults and pediatric patients, and we are committed to the highest standard of care.*



## Dr. Olmos placing our region on the international map

### WE GET AROUND!

Dr. Steven R. Olmos, an internationally recognized lecturer, researcher, and the founder and CEO of T & S Therapy Centre International is always passionate and eager to share his knowledge.



Dr. Olmos gave a course of SLEEP-RELATED BREATHING DISORDERS & CRANIOFACIAL PAIN in June 10-12, 2016 at McTimoney College in Oxford, England



"I can help far more patients if I share and teach other professionals what I have learned and tested ..."

– Dr. Steven Olmos, T & S Therapy Centre International Founder & CEO

Over 40 Centres in 6 Countries!

Dr. Olmos giving a lecture about Pediatric OSA at the University of Tennessee Health Sciences Centre College of Dentistry Memphis, TN



Featured Presentations by the Leaders!  
Dr. Steven Olmos, Dr. German Ramirez, Dr. Judith Owens, Dr. Ed Lipskis, Dr. Robert Schoumacher, Dr. Mark Corkins, Dr. Alison Hazelbaker

### TESTIMONIALS

"Dr. Olmos was walking on air...completely elevated by the energy in the room; the intellectual exchanges and interest levels from physicians; and the responses from us attendees. It was almost magical. Dr. O brought his A-Game. Really well done, and openly received by all. Exceptional sleep and breathing must-know information; a one-of-a-kind pediatric sleep seminar for sure."

Duane Grummons DDS, MSD  
Board Certified Orthodontist



"I had the distinct pleasure recently of speaking at and attending this course in Memphis, and highly recommend it for health care providers, including dentists, orthodontists, otolaryngologists, primary care providers and sleep specialists caring for children with sleep apnea. It is rare to have the opportunity to participate in a truly inter-disciplinary event and one which is so clearly committed to improving the quality of care for these patients. No matter what discipline you are coming from, this course will expand your knowledge base and change the way you practice."

Judith Owens MD MPH  
Director of Sleep Medicine  
Boston Children's Hospital



### DID YOU MISS THE COURSE?

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877.865.4325 / 619.462.0676

T & S Sleep Therapy Centre International founder Dr. Steven Olmos honored as President of the American Academy of Craniofacial Pain. Esteemed doctor celebrated for life long work in treatment and education.

**San Diego, CA, August 3, 2016: AACP inducts Dr. Steven Olmos on July 29th, 2016 in Austin, Texas during annual conference.**

"I am humbled and thrilled with this honor from my colleagues in the field. The advances we continue to make and the people we are able to help live pain free continues to inspire me. I can help more patients if I share and teach other professionals what I have learned and tested".

During his lecture Dr. Olmos shared new information from his recently published article in the June 2016 issue of The American Journal of Dentistry which details headache and jaw locking comorbidity with daytime sleepiness. Descriptive statistics and regression analysis were performed to determine craniofacial pain symptoms and daytime sleepiness.

The TMJ & Sleep Therapy Centre of San Diego has been serving San Diego and the surrounding counties for over 15 years. Since opening in 2000, the TMJ & Sleep Therapy Centre of San Diego has become the home base for over 40 internationally located Centres, in the US, Canada, New Zealand, Australia, United Kingdom and United Arab Emirates which are all dedicated to the treatments of Sleep-Related Breathing Disorders & Craniofacial Pain.

Recognition and accolades continue to grow for these "Centres of Excellence", the most recent being Dr. Edmund Lipskis founder of TMJ Sleep Centre of Chicago being awarded the Haaden-Stack Award by the AACP which celebrates the region's best doctors and treatment practices.

"Our main priority is the comfort and ability to help patients attain the optimal level of health and appearance to which they aspire. We love what we do and are proud of our practice".

Dr. Lipskis and his staff treat each patient as an individual and take pride in their success rate.

Dr. Steven Olmos has been in private practice for over 30 years with the last 25 years devoted to research and treatment of Craniofacial Pain, TMD, and Sleep Disordered Breathing. He obtained his DDS from USC (University of Southern California) School of Dentistry and has continued his education with over 4,000 hours dedicated to research and treatment in the field of mandibular orthopedic dysfunction and sleep disordered breathing. Dr. Olmos is board certified in both craniofacial pain and dental sleep medicine. He is the founder of TMJ & Sleep Therapy Centres International with 40 licensed Centres spanning 6 countries dedicated exclusively to the treatment of these disorders. Dr. Olmos is an adjunct professor at the University of Tennessee School of Dentistry and has been honored for his contributions to dentistry with Fellowship in the Academy of Dentistry International and the 2008 AACP Haden-Stack Award for his contributions to education in the field of TMD and Craniofacial Pain.

Dr. Lipskis is a Diplomate of the American Board of Craniofacial Pain. He is also a fellow in the International Association of Orthodontics. Dr. Lipskis has lectured internationally on the Phase Two treatment (via orthodontics) of chronic pain individuals. Ed and Lynn host a course on Phase Two Treatment for TMD patients in their office on an annual basis. He is well versed in all phases of orthodontics, including Damon passive ligation, Invisalign, and myofunctional orthodontics. Dr. Lipskis believes that orthodontics is an opportunity to take advantage of an individual's growth potential to maximize the esthetic outcome. He not only straightens teeth, he works to create beautiful, functional faces. As co-founder of St. Charles Family Dentistry Ltd. and the TMJ and Sleep Therapy Centre of Chicago, Dr. Ed has extensive knowledge in all phases of dentistry. He enjoys helping people to realize their goal of a beautiful healthy smile.

The American Academy of Craniofacial Pain is committed to the relief of craniofacial pain, temporomandibular disorders and dental sleep related disorders and supporting the advancement of education, research and dissemination of knowledge and skills in these areas.

[www.tmjtherapycentre.com](http://www.tmjtherapycentre.com)